



# Understanding Fraud and Scams

## Is it a scam? Check for the following:

- Does it create a sense of urgency?
- Does the sender's email match the company they say they represent?
- Are there weird links or QR codes in the message?
- Do you notice awkward language or typos?
- Does the logo or corporate address seem off?



## How to Stay Safe — DO

- Use a secure WiFi network for banking and shopping.
- Use passkeys or password managers.
- Enable two-factor authentication.
- Have a “no” script for unsolicited calls.
- Block addresses and phone numbers that send you spam.
- Regularly check your privacy settings on devices and accounts.



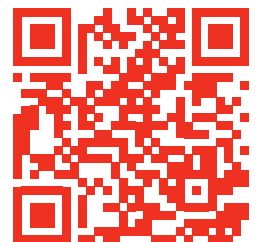
## How to Stay Safe — DON'T

- Overshare on social media.
- Accept friend / follow requests from people you don't know.
- Click on pop-ups, ads, or links in suspicious emails.
- Respond to suspicious emails or texts.



## If you think you're a victim of scam or fraud:

- Call your bank immediately.
- Call the police and file a report.
- Put a freeze on your credit.
- Change your passwords.
- You're not alone. Seek support and spread the word.



Scan the QR code for additional Senior Planet resources.