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and drink
like a *local*.

CHINESE TEA



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Chinatown,
New York

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One of the Oldest
Chinese Ethnic
Enclaves

A LIVE, VIRTUAL TOUR TO
CHINATOWN, NEW YORK



Make Your Own

CHINESE YU CHOY SUM

- 1 lb yu choy (450g)
- 2 Tbsp oil (divided)
- 1 Tbsp oyster sauce (or vegetarian oyster sauce)
- 1 Tbsp light soy sauce
- 1/2 tsp sesame oil
- 1/8 tsp ground white pepper

1. Wash yu choy 3 times. Drain. Boil 1 pot water.
2. Heat 1 Tbsp oil in small saucepan, low for 30 seconds. Add oyster sauce, soy sauce, sesame oil and white pepper. Bring to simmer, set aside.
3. Add 1 Tbsp oil to boiling water. Add yu choy, stir gently. Cook 30 - 60 seconds to taste.
4. Use chopsticks or tongs to remove them from water. Arrange on a dish lengthwise. Carefully pour off any water from plate.
5. Pour the warm sauce over the veggies and serve!

Mix Your Own

CHINESE GREEN TEA RECIPE

INGREDIENTS:

- 4 cups **cold water**
- 4 teaspoons green tea (or 4 tea bags)

DIRECTIONS:

1. Bring water just to a boil. Remove from the heat.
2. Put the tea leaves in a strainer and put in the water to steep (or add tea bags if you are using them instead). Steep for 3-5 minutes.
3. Remove tea and serve immediately in a teapot.

New York City

New York City is a dynamic melting pot of world cultures. This diversity is on display in neighborhoods like Chinatown and Little Italy. Just blocks apart, these towns showcase how generations of Chinese and Italian immigrants shaped the fabric of the city. Their Asian and European cultures continue to thrive side-by-side to this day. No matter where you walk in New York, you'll find vibrant ethnic communities—from Greentown to Koreatown coexisting and intersecting. New York owes its energy and spirit to its immigrants. Their rich cultures fuse together to make New York a singular tapestry of diversity.

THE TOUR

Explore the ethnic enclave of New York City's Chinatown during this 60 minute walking tour. In Chinatown, we will gaze at the ornate pagoda-style architecture while perusing Chinese merchandise shops. We will wander through bustling markets with hanging roasted ducks and live seafood tanks. We will get to see a Buddhist temple amid the towering buildings that surround this town. Learn how generations of immigrants shaped this community. Discover how the Asian culture continues to thrive, making New York a microcosm for diversity.

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