Travel, eat, and drink like a *local*.







Amsterdam Netherlands

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Venice of the North

A LIVE, VIRTUAL TOUR TO

AMSTERDAM,

NETHERLANDS

Famous Foods

THICK DUTCH FRIES

You might see these thick cut fries called patat or frites. Traditionally they come served in a piping hot paper cone slathered with any manner of tasty toppings. Ask for 'patatje oorlog' for a dollop of peanut satay sauce, mayo and onions, or a 'patat speciaal' for a mix of curry ketchup, mayonnaise and onions

PANCAKES

Dutch pancakes have a thin, crepe-like consistency with more surface area for delicious toppings. They come laden with fruit, cream and syrup from many pancake restaurants in Amsterdam..

CROQUETTES FROM A VENDING MACHINE

Head into any FEBO and you'll see an array of hot snacks including hamburgers, kroketten and frikandellen displayed behind glass doors. Put some coins into the slot and voila; dinner is served. (One of our guides favorites, ask him)

Mix Your Own

AMSTERDAM COCKTAIL

Ingredients:

1.5 oz Rutte Old Simon Jenever3/4 oz Triple sec liqueur (40%)3/4 oz orange juice (freshly squeezed)2 dash orange bitters by Angustora

Directions:

• Shake all ingredients with ice and fine strain into a chilled glass

Famous Drinks

Heineken and Amstel are two companies founded around 1870 in Amsterdam. Around 25 million Heineken beers are served every day all over the world, in over 190 countries. On the other hand, Amstel beer has a higher degree of bitterness, in comparison to most Dutch beers, and is served in 110 countries.

FLAVORED TEAS

The Dutch love flavored teas (with no milk). The quick break for afternoon tea often includes a treat known as stroopwafel (a thin, crispy waffle "sandwich" with syrup in the middle), it is served atop your cup of hot tea so the filling can be softened. The tea is already steeped and ready when served.

JENEVER - DUTCH GIN

Jenever is a transparent liquor with a "neutral" taste. Oude Jenever is made by the old distilling technique, distilling malt wine and adding herbs from the Juniperus. Jonge jenever is produced by the new technique, involving distilling molasses from sugar beet.

Make Your Own

Pannenkoek (Dutch Pancake)

Ingredients:

- 2 eggs
- 2 c milk
- ½ tsp salt
- 2 c unbleached all-purpose flour
- Butter, for cooking
- 1. In a large bowl, beat eggs til slightly foamy. Add milk and salt, whisk. Add flour, whisk as you add, until the batter is smooth.
- 2. Heat a 10 inch skillet over medium heat. Add a little butter to coat the skillet.
- 3.Add $\frac{1}{2}$ cup of batter to pan, swirl it around to coat pan. Cook the pannekoek, over medium heat until it is just dry on the top and releases from the pan, 2-3 minutes.
- 4. Flip the pannenkoek and cook for 1-2 minute on the second side, until lightly golden.
- 5. Remove the pannenkoek from pan and place on platter. Keep stack of pannekoek in a warm oven while you cook up the rest of the batter.

Amsterdam

THE CITY

Amsterdam is the most populated place and capital of the Netherlands. It is built on many canals and is located in the province of North Holland. It is a UNESCO World Heritage Site. The climate is similar to New York City's, with cold winters and warm summers. Amsterdam is known for its canal living, thin brick buildings, open skyline, rich history, and easygoing attitude towards life. It is an eclectic city that offers beautiful canals, tulip fields, art, lots of bikes, museums, food, and lots of culture. It is a beautiful old city built on trade and tolerance, and its success is due to the resourcefulness and innovation of its inhabitants from the 1200's through today.

THE TOUR

take us through Amsterdam's Old Town where our guide will tell us stories about how it grew from a swampy marshland into one of the most important trading ports in the world. Our tour will begin at the mouth of the Amstel River, which gives the city its name We will pass through Chinatown Nieuwmarkt Square, and the Dutch East India Company HQ. Then on to Dam Square the bustling center of the city which is located where the 'dam" crossed the Amste River. Our tour will conclude close to the Anne Frank house.

