



# Online Tools for Contacting Your Lawmakers

## MyReps

- [myreps.datamade.us](https://myreps.datamade.us)
- Identify your federal, state, county, and local elected officials
- Find contact info and social media links
- Pulls data on elected officials from Google Civic Information Tool



## GovTrack.us

- Confirm who your elected reps are at the federal level and their contact information
- View what bills they've sponsored and how they've voted on recent bills
- See the progress of bills that you care about
- Sign up for a free account to get alerts on your reps' activities and updates on bills



## Democracy.io

- Email members of Congress through a single website
- Requires your home address, phone number, and email address



## 5 Calls

- [5calls.org](https://5calls.org)
- Contact the right representative for the issues most important to you
- Offers scripts for each issue
- Gives clear guidance on the best way to make sure your elected reps hear your concerns

