



# Telemedicine

## What is Telemedicine?

- Virtual medical appointments or doctor visits in real-time
- Technology that can monitor health at a distance
- Giving & receiving medical care virtually

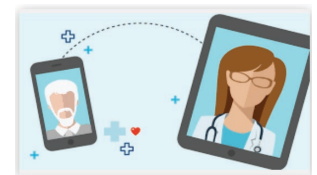
## Benefits of Virtual Appointments

- Save time & money
- No traveling
- Offers privacy
- Doctor comes to you
- Many services offered
- Team health feedback



## Issues to Consider

- Connectivity
- Privacy, HIPAA, and encryption
- Different health providers' apps/portals/software
- Some visits App-based only
- Works better for some health conditions
- Insurance coverage differs



## Ask Your Doctor

- What health conditions do you treat in a video visit?
- What information should I have ready for the call?
- What happens if I lose the connection? Or, have follow-up questions?
- How do I pay or use my insurance?