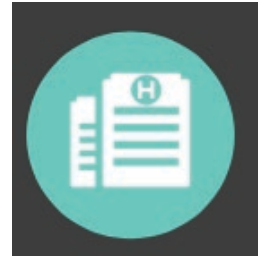




Online Health Resources

Why Use the Internet for Health Resources?

- Quickly find basic information
- Be empowered to ask your doctor the right questions
- Learn more about a health condition a loved one is experiencing



Questions to Ask when Evaluating Information

- Who wrote the information? Is the person / organization reputable?
- Does this person / organization have an agenda?
- Are they trying to sell a product?
- Is it a .com, .gov, or .org?
- Is the information up-to-date?



MedlinePlus

- medlineplus.gov
- Administered by the U.S. National Library of Medicine and the NIH
- Offers helpful & easy-to-use tools
- [Health topics](#)
- [Drugs & Supplements](#)
- [Videos & Tools](#)

Mayo Clinic

- mayoclinic.org
- Offers lots of great tools & information
- [Symptom checker](#), [tests & procedures](#), [diseases & conditions](#)

