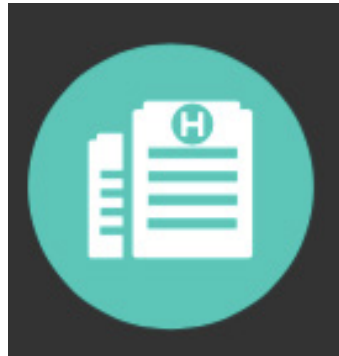




SENIOR PLANET

Aging with Attitude

Online Health Resources



Evaluating Online Information

- Who wrote the information?
- Is the website a .com, .org, or .gov? Which is best for health info?
- Is this information presented by a person or organization who is knowledgeable and reputable?
- Are they selling a product?
- Is the information up-to-date?

Useful Resources:

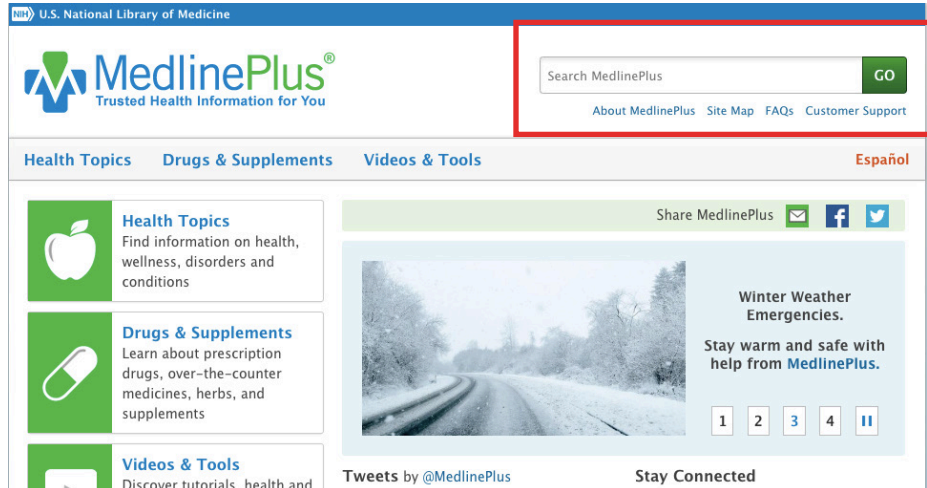
- Medline Plus: medlineplus.gov
- WebMD: webmd.com
- Mayo Clinic: mayoclinic.org

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OLDER ADULTS
TECHNOLOGY
SERVICES

Search Medline Plus



1 Go to: <https://medlineplus.gov>

2 Locate the **search bar** in the top right-hand corner of the screen. You can use the search bar for any health-related topic. Enter anything you like and see what comes up. Below are the results for a search for “hearing loss.”

Home → Search Results Search Help

Related Topics

[Hearing Problems in Children](#)

Refine by Type

All Results (2,259)


- Health Topics (26)
- External Health Links (1,105)
- Drugs and Supplements (231)
- Medical Encyclopedia (154)
- MedlinePlus Magazine (36)
- Multiple Languages (12)
- National Institutes of Health (615)

Hearing Disorders and Deafness

It's frustrating to be unable to hear well enough to enjoy talking with friends or family. Hearing disorders make it hard, but not impossible, to hear. They can often be helped. Deafness can keep you from hearing sound at all.

What causes hearing loss? Some possibilities are

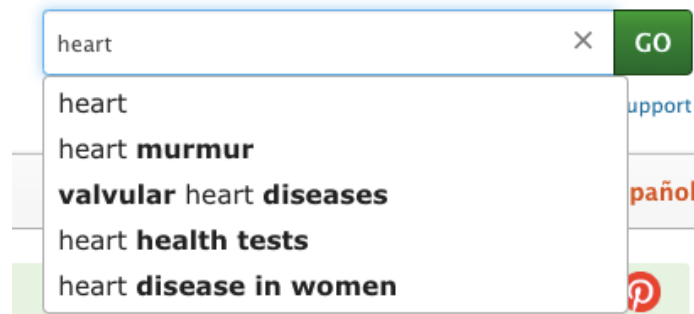
[\(Read more\)](#)



Results 1 – 10 of 1,584 for **hearing loss**

- Hearing Disorders and Deafness** (National Library of Medicine)
... you from **hearing** sound at all. What causes **hearing loss**? Some possibilities are Heredity Diseases such as ear ... noise Aging There are two main types of **hearing loss**. One happens when your inner ear or auditory ...
<https://medlineplus.gov/hearingdisordersanddeafness.html> – Health Topics
- Hearing loss – infants**

- 3** Take some time to continue using the search bar. Try searching more health topics, or the names prescription drugs and supplements. When you start typing in the search bar, you will see suggestions.



Write down 3 topics that you searched.

1. _____
2. _____
3. _____

Now discuss the results with a partner. What information was the most useful?



Searching a reputable health site like Medline Plus for medical, drug, and health-related issues will yield better results than a simple Google search.





Explore Tabs on Medline Plus

You can also navigate around Medline Plus by clicking on their tabs:



Browse **Health Topics** alphabetically or select different categories.

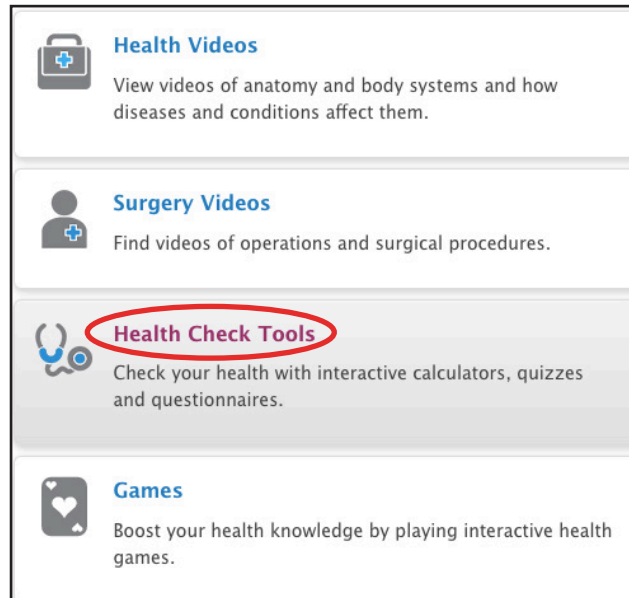
Body Location/Systems

-  Blood, Heart and Circulation
-  Bones, Joints and Muscles
-  Brain and Nerves
-  Digestive System

With the **Drugs & Supplements** tab, you can learn about prescription and over-the-counter medications. Below are questions you can explore in this tab:

<ul style="list-style-type: none"> Why is this medication prescribed? How should this medicine be used? Other uses for this medicine What special precautions should I follow? What special dietary instructions should I follow? What should I do if I forget a dose? 	<ul style="list-style-type: none"> What side effects can this medication cause? What should I know about storage and disposal of this medication? In case of emergency/overdose What other information should I know? Brand names
--	--

Click on **Videos & Tools** to watch videos about different medical topics, as well as videos of surgical procedures. Tools include calculators, quizzes, and questionnaires.



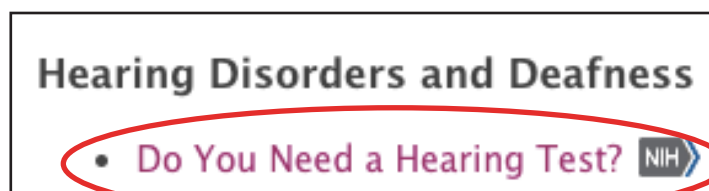
The screenshot shows a menu with four categories: Health Videos, Surgery Videos, Health Check Tools, and Games. The 'Health Check Tools' category is circled in red. Each category includes an icon and a brief description.

- Health Videos**: View videos of anatomy and body systems and how diseases and conditions affect them.
- Surgery Videos**: Find videos of operations and surgical procedures.
- Health Check Tools**: Check your health with interactive calculators, quizzes and questionnaires.
- Games**: Boost your health knowledge by playing interactive health games.



These tools only open if you click on the name itself rather than in the box.

- 1 Go to <https://medlineplus.gov>
- 2 Click on the **Videos & Tools** tab, then click **Health Check Tools**.
- 3 Scroll down and find “Hearing Disorders and Deafness.” Click on the text below to open a questionnaire to determine if you need a hearing test.



The screenshot shows the heading 'Hearing Disorders and Deafness' and a list item 'Do You Need a Hearing Test?' with a NIH logo and a right-pointing arrow. The link text is circled in red.