



SENIOR PLANET

Aging with Attitude

Protecting Your Personal Information Online

Strong Passwords

- More sensitive accounts require stronger passwords
- The longer the better
- Use familiar sentences, like a line from a song or book

Spam & Phishing

- Spam is unwanted email sent by strangers
- Marking spam as “junk” or “spam” allows filters to recognize similar messages as spam and send them directly to your spam folder
- Phishing is an attempt to steal someone’s identity via email or website
- Do not click on links in an email you find suspicious

Telltale Signs of Phishing

- Strange links embedded in emails or unfamiliar websites
- Requests for personal information & obvious typos or errors
- Emails that create a sense of urgency

Shop Securely Online

- Always look for the “S” in “https” and the lock symbol  <https://>

Best Practices for Social Media

- Never give out sensitive information over social media
- Adjust your privacy settings
- Avoid linking different social media accounts
- Always log out when using a public computer or public WiFi

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