



SENIOR PLANET

Aging with Attitude

Mobile Health Apps

Features

- Step counter
- Distance tracker
- Health app aggregator
- Medical ID (iPhone)



iOS Health app for iPhones

Step Counter

- Eliminates need for separate fitness tracking device
- Compare stats over time
- Measures: walking & running distance, steps taken, flights climbed

Integration

- Seamless integration with most popular health & fitness apps
- Recommends apps for information you want to track
- Input health information for more accurate tracking

Medical ID on iPhone

- Peace of mind for medical emergencies
- Medical information can be accessed even with phone locked
- Name, age, health conditions, blood type, known allergies, and emergency contact numbers



Google Fit for Android

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