



SENIOR PLANET

Aging with Attitude

Tech & Energy

Energy Consumption

- Vampire appliances consume energy even when they're switched off
- Kill-a-watt meters tell you how much energy your devices use
- Kill-a-watt meters can help you identify what devices should be unplugged when not in use
- [Appliance Energy Calculator](#) gives an estimate for the cost of powering your appliances

Power strips and Smart plugs

- Turn power strip off to reduce energy costs
- Smart plugs allow you to remotely turn power on and off
- Set timers with smart plugs

Smart Appliances

- Program appliances to run when energy rates are lowest
- Get alerts when fridge door is open
- See what's inside your fridge without opening it
- Remotely control devices and set timers

ENERGY STAR®

- Products contribute to energy savings
- Increase energy efficiency
- Energy performance can be measured and verified



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YOUR LINK TO ENERGY SAVINGS