



SENIOR PLANET

Aging with Attitude

Wearables

What are wearables?

- Electronic devices worn on the body
- Connected to the internet
- Send and receive data
- Sensory and scanning features

Wearables can be:

- Worn on the body
- Incorporated into clothing
- Tattooed on the skin
- Implanted in the wearer's body



Popular types of wearables:

- Smartwatches
- Fitness trackers
- Virtual Reality headsets

Other wearables on the market:

- Smart glasses
- Smart rings
- Smart clothing

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