



SENIOR PLANET

Aging with Attitude

IoT & Smart Homes

What is the Internet of Things?

- A giant network of connected devices
- IoT devices connect to the internet and can be monitored remotely
- The Internet of Things makes smart homes possible

What is a Smart Home?

- A home equipped with helpful, internet-connected devices
- Devices can be managed remotely using a Smartphone or Tablet

Examples of Smart Home Devices:

- Home assistants: Amazon Echo
- Door locks & security devices: Ring Doorbell
- Energy-saving devices: Nest Thermostat



Best Security Practices:

- Give your WiFi network an obscure name
- Use a strong password
- Disable guest network access
- Customize passwords for each device
- Disable remote management access to devices if you don't use them
- Check for updates

